



EXPLORING CAREERS & PASSIONS

I-Term is an annual independent project undertaken by all students, building in scope and complexity across four years to ultimately help students pursue **college and career choices that they are passionate about**. I-Term will take place **Jan. 30-Feb. 10**. Here is a roundup of the **places and faces** that will mark this experience.



FIELD WORK

Underclassmen will go on **2 field trips**, selecting from:

Regenero, Plug Power, YNN, nFrastructure, Biz Labs, Regeneron, Plug Power, NYS Empire Plaza & NYS Museum, Ecovative, Time Warner Cable News & the Albany County District Attorney's Office & more!



EXPOSIUMS

Presentations to educate students about **potential careers** in our region.

Assemblyman John McDonald, Emi Kondo Olsson of IBM, Brendan Cox of the Albany Police Dept, YNN Meteorologist Heather Morrison, Annmarie Lanesey of Greene Tree and TVHS alum Cody Bellair & more!



PAIDEIA

A **workshop** about a community's member's **passion**.

Aikido, Multitrack Recording for Music and Podcasts, Craft Sewing, Herpetology: Keeping Reptiles and Amphibians, Comic Book Collecting, Medieval Armor, Weapons & Combat, Origami, Chess & More!



EXTREME EXPOSURE

A **work-based learning experience** that places juniors in small groups at **local businesses** for 15 to 25 hours:

1st Playable, Albany Med, EYP, Johnson Space Center, Wadsworth Center, WMHT, Kathode Ray Media, NYSDEC Law Enforcement, Unity House & more!



SENIOR PROJECT

Seniors spend between **40 and 50 hours** in the field **at a business of their choice**.

Precision Valve and Automation, All Square Wealth, NYS Senate & Assembly, Albany Institute of Art, Marra's Pharmacy, NERIC, Greane Tree, American Cancer Society, Thuillez Ford Gold Johnson & Butler and More!